



# NoS Trauma Network Newsletter

Issue 14

Summer 2022



## Introduction

Welcome to our summer newsletter. As staff have begun to take their summer holidays the pressure still remains on services and, as we know from previous years, out of area visitors begin to enjoy our lovely countryside and unfortunately sometimes experience accidents on roads, hills and water. The trauma teams in the MTC, TU and some of the Local Area Hospitals have, however, benefited from increased resources as new posts come on line and support the road to recovery for patients. Its important to take well earned rest with friends and family and later in the summer we have the opportunity to meet up with colleagues in a learning and supportive environment - see Annual Event details later in the newsletter. In the mean time - enjoy the warmer weather.

**Anne-Marie Pitt**

**NoS Trauma Network Manager**

## Staff Update



**A warm welcome to all our new starts! Its very exciting to have all these new trauma posts coming on line to support patients to achieve the maximum they can following their injuries.**

- Hannah Bedford, Band 7, Paediatric Trauma Rehabilitation Coordinator, Raigmore
- Rosie Wade, Band 6, Occupational Therapist, Raigmore
- Chloe Banks, Band 6 Occupational Therapist, Woodend, Aberdeen
- Lisa Shaw, Band 6 Occupational Therapist, Woodend, Aberdeen
- Claire Inverarity, Band 6 Physiotherapist, Woodend, Aberdeen
- Aileen Hyland, Band 8A Speech and Language Therapist, Woodend, Aberdeen
- Tsai Yun Chai, Band 3 Healthcare Support Worker (Orthopaedics), Woodend, Aberdeen
- Kim Cooper, Band 3 Healthcare Support Worker (Orthopaedics), Woodend, Aberdeen
- Nikki Mutch, Band 3 Healthcare Support Worker (Neurology), Woodend, Aberdeen
- Kim Murray, Band 3 Healthcare Support Worker (Neurology), Woodend, Aberdeen

A little bit more about...



1 - Gareth Patton, Joint Paediatric Major Trauma Centre Clinical Lead at RACH.

*Gareth joined us as Joint Paediatric Major Trauma Centre Clinical Lead, working alongside Gillian Winter as the other Joint Lead, at RACH in March. Originally from Belfast, Gareth moved to Aberdeen to study medicine at the University of Aberdeen (interestingly, in the same class as his current co-lead Gillian), not knowing then that it would be a one-way journey. After graduating, Gareth completed house jobs around the North of Scotland before securing an Emergency Medicine specialty training programme in Tayside. Gareth, having always had a keen interest in paediatrics and MSK pathologies, subsequently went on to complete his subspecialist training in Paediatric Emergency Medicine in the North of Scotland and Yorkhill, Glasgow. Gareth has been a consultant in ARI and RACH for 6 years and is the current lead for the Paediatric Emergency Department. He is an APLS course director and has a keen interest in teaching and training. When not working, Gareth can be found wearing shorts and probably outdoors.*



*I am Hannah Bedford; paediatric rehabilitation co-ordinator and children's nurse. I previously worked at University Hospitals Southampton in the Paediatric Intensive Care Unit, often caring for major*

*trauma patients, as well as those under the care of other specialists. I was lucky to be involved with a public education event in road safety and trauma prevention, even making a giant papier-mâché brain (colourful but perhaps not quite accurate!) and using simulation equipment to demonstrate trauma care in the intensive care setting.*

*I later became a children's cardiac nurse specialist, following patients along their cardiac journeys (at times from antenatal diagnosis through to palliative care), setting up a cardiac transition service and also spent time working with children undergoing cardiac surgeries in Uganda and Jamaica.*

*After relocating to Elgin, I began working on the children's ward at Raigmore in September 2020 and then joined the major trauma team in April this year. I look forward to working with you all and welcome any opportunities to network with and learn from you.*

Work mobile: 07824 544090

My working hours are Tues and Thurs; 08.45-15.00

## Nursing, Midwifery and Allied Health Professions (NMAHP) Development Framework for Major Trauma.

The Scottish Trauma Network (STN) are pleased to announce the publication of the Nursing, Midwifery and Allied Health Professions (NMAHP) NMAHP Development Framework for Major Trauma.

This is hosted on the STN website; <https://www.scottishtraumanetwork.com/our-work/education-learning/>



The NMAHP Development Framework for Major Trauma will be used by NMAHP practitioners caring for major trauma patients in any in-hospital setting at local, regional and national levels for identifying, planning and supporting learning needs, identifying career pathways and enhancing workforce planning.

This framework is the result of collaborative working between NHS Education for Scotland (NES) and the STN, working closely with NMAHP practitioners and consulting with the STN Education and Workforce group. It is aligned to the already published NES NMAHP Development Framework.

It is currently for registered practitioners at education levels 5-8 with the Healthcare Support Worker element following later in the year, in conjunction with the national HCSW commission.

Thank you to all involved at all stages of this piece of work and look out for ongoing communications! If you have used the framework and have any questions or feedback or not quite sure where to start please get in touch [nss.scotrauma@nhs.scot](mailto:nss.scotrauma@nhs.scot)<sup>1</sup>

## NHS Highland Trauma Rehab Update



Over the last six months, the Major Trauma Team for NHS Highland has grown exponentially, welcoming a new Clinical Lead, a Paediatric Rehabilitation Co-ordinator and AHPs across Inverness and Caithness. With that in mind, it was acknowledged that there was a need to come together to “re-group”. The purpose was to reflect on our progress, acknowledge our challenges and identify future objectives. We dedicated a full working day with a jam-packed agenda.

Our Clinical Development Fellow, Jenny Forteach, presented her recent work with the Tertiary Survey Proforma Initiative. Jenny has been working to create a structured and inclusive proforma to ensure thorough tertiary surveys are conducted on Raigmore Hospital trauma patients and the refore prevent missed injuries. This is in the process of editing and will be trialed and implemented in the coming months.

With a steady upturn in our patient numbers, during the day we acknowledged the significant impact on the workload for all, but in particular, for our Rehab Coordinator. We have identified short-term measures to try to alleviate the workload which we are piloting at present, but we recognised that the sustained increase in moderate and major trauma presenting to Raigmore, as well as patients being repatriated back to Raigmore for rehabilitation, required additional Rehabilitation Co-ordinators for a sustainable service. We reflected on how the addition of two AHPs in Caithness at the beginning of the year has significantly improved communication and handover for patients repatriated to Caithness and will be looking at ways to replicate this model for the other Local Emergency Hospitals in NHS Highland.

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<sup>1</sup><mailto:nss.scotrauma@nhs.scot>

We welcomed the opportunity to have Naomi Swann, the e-rehab Project Manager and Richard Wilson from e-Health to outline the greatly anticipated e-rehab plan. We can see the potential to improve efficiency in multi-disciplinary team working and streamline processes.

Finally, we would like to thank Anne-Marie Pitt, Network Manager, who joined us for our afternoon programme. We valued her national and strategic perspective, alongside her support and guidance which has helped to shape our future objectives.

## MTC Update



### **MTC Update**

We continue to be very busy, especially with those patients who are from other parts of the country, so lots of good team working within the network and beyond going on. Its great to have other parts of the Scottish Trauma Network up and running now to ensure the best possible care for the patients on the MTC pathway.

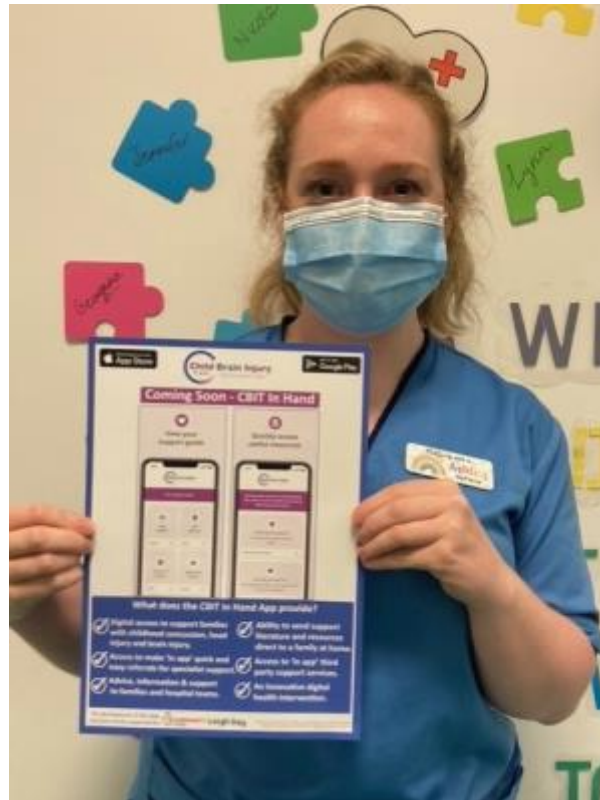
We are extremely sad to be loosing one of our Trauma Co-ordinators, Janet Christie, who has been with us from the start. We wish her well in her new post but hoping she won't be a stranger. We are hoping to advertise the post in the coming weeks so will update once we have a new person in post to welcome to the team.

**Fiona Whyment, MTC Nurse Manager**

## Child Brain Injury Trust - App. Launch







The Child Brain Injury Trust, **CBIT In Hand** app, was launched at the Paediatric MTC in Aberdeen in May. The app is specifically designed for children and their families and offers support following brain injuries or concussion. The app is available to download now via Apple Store or Google Play!

Feedback from patients has been positive so far, *"the app is great. It definitely helped with explaining everything in simple terms"*.

Download on the App Store

Child Brain Injury Trust  
Hope for tomorrow. Today.

GET IT ON Google Play

**CBIT In Hand**  
Scan the QR code below for support with Head Injury and Concussion..

View your support guide

Quickly access useful resources

The development of this App has been kindly supported by: **COMMUNITY FUND Leigh Day**

Registered Charity Number 110226. A Charity Registered in England (IC 49916).  
Registered Company Number 576627487. Registration Number 15276126.

## Education

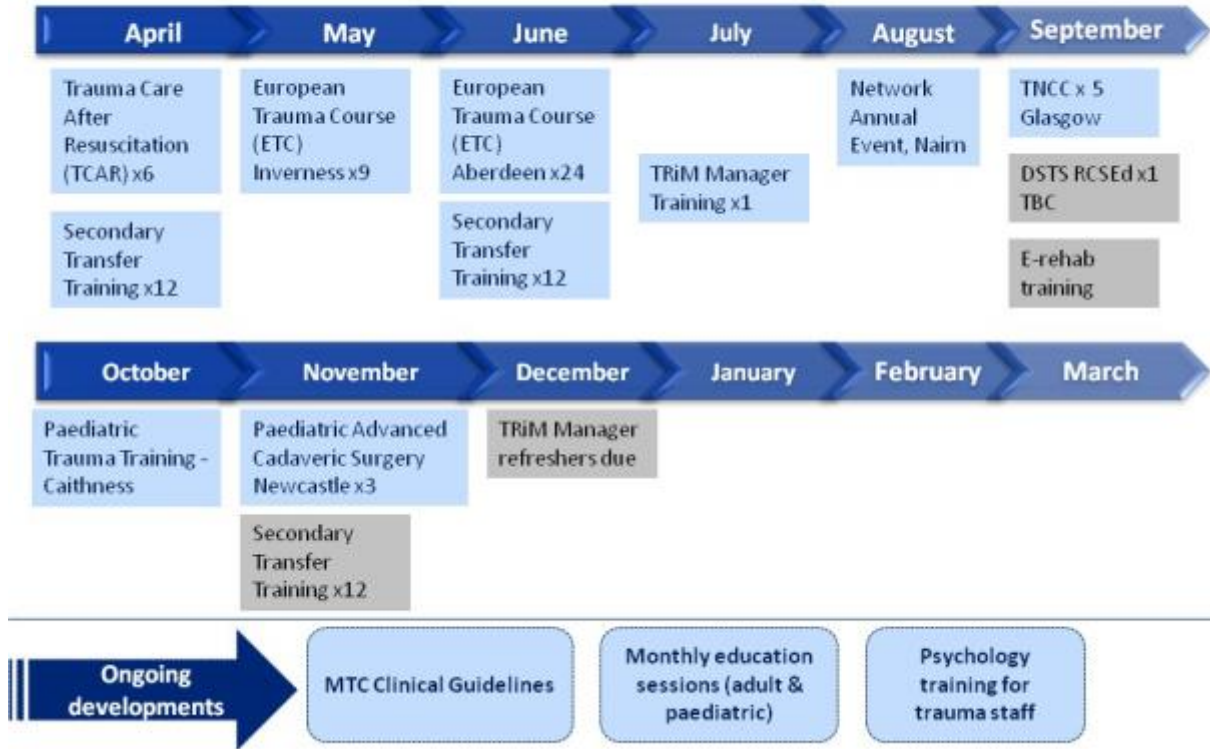
The network education plan below outlines our internal and external training opportunities for the year ahead.



## NoS Trauma Network Education Plan 2022/23



■ = confirmed  
■ = TBC



### EMRS Blog

In April 2022 the ScotSTAR Emergency Medical Retrieval Service (EMRS) North team marked 3 years of operations. EMRS North is part of the Scottish Ambulance Service (SAS) and is funded through the Scottish Trauma Network (STN). Operating from the Aberdeen Airport ScotSTAR North base the duty team comprises of a retrieval consultant and a retrieval practitioner / clinical fellow. Read more here <https://www.scottishtraumanetwork.com/emrs-north/>



2 - Cabinet Secretary, Humza Yousaf on a recent visit to the Scotstar base at Aberdeen Airport, accompanied by Alastair Ross, Clinical Lead for EMRS (North) and Tom Steel, Chair of Board, SAS.

## NoS Trauma Network Annual Event

**Places filling up!**

**NoS Trauma Network  
Annual Event 2022**

**Wednesday, 31<sup>st</sup> August**  
**Muthu Newton Hotel, Nairn**  
**10am to 3.45pm**

Open to all health and social care professionals in the North of Scotland who are involved in the delivery and planning of trauma care.  
Programme includes patient rehabilitation stories, Scottish Trauma Network and SAS updates, new ways of thinking about mass casualties, simulation training and much much more!

SCOTTISH TRAUMA NETWORK NORTH

The poster features a blue and white geometric design on the left side and small illustrations of medical professionals at the bottom.

*Come and network with long lost colleagues and meet some of our new recruits. We have some great workshops and speakers lined up providing learning and a vision for the future!*

We hope you can join us for this long awaited in-person event. If you haven't already registered please follow this link: <https://www.eventbrite.co.uk/e/nos-trauma-network-annual-event-2022-tickets-295253309597>

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## Poster Competition!



The NoS Network invite you to design a poster for our annual Network event on the 31st August, 2022. Please consider sharing your learning, improvements and new developments. The following are some prompts:

- Patient journey from pre-hospital to rehabilitation, including community rehabilitation and social care
- Trauma prevention
- Patient engagement
- Epidemiology of serious injuries (trauma, TBI, burns) in Scotland
- Quality improvement, e.g.: use of emerging technology, maintaining excellence in patient care

Abstracts must not exceed 400 words, excluding title, references and any diagrams.

Please complete the **abstract form**<sup>2</sup> and e-mail to [tay.nospgmajortrauma@nhs.scot](mailto:tay.nospgmajortrauma@nhs.scot)<sup>3</sup>

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<sup>2</sup><https://www.nhsscotlandnorth.scot/networks/trauma/news-and-events>

<sup>3</sup><mailto:tay.nospgmajortrauma@nhs.scot>

**Closing date for abstracts is Friday 22nd July, 2022.** We look forward to seeing your applications.

## Basics Scotland Conference



The next BASICS Scotland Annual Conference & AGM will be taking place on the 4th and 5th September 2020 at the Macdonald Aviemore Hotel for the 3rd year running. More info and registration here: <https://basics-scotland.org.uk/conference/>

## Contact Us



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**Tel:** 01382 835196<sup>5</sup>

**Website:** <https://www.nhsscotlandnorth.scot/networks/trauma>

**Follow us on social media for regular updates and info:**

**Twitter:** <https://twitter.com/NoSTraumaNtwk>

**Facebook:** <https://www.facebook.com/NoSTraumaNetwork>

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